

Barebones 2005

July 19-21, Red Deer



Welcome to the Tenth Annual and by far the hugest ever Barebones. We've planned four orienteering races for you in three and a half days and that is a lot. So whether you take part in some of them or all of them make sure you look after yourself: eat lots, stay hydrated, sleep lots, stretch lots, and warm up properly before your races. We hope everyone will enjoy (and participate in) the laid-back atmosphere of Barebones Orienteering.

Barebones will take you to a variety of terrain, showing off some of our exotic central Alberta maps. Tuesday's map is superb foothills terrain - great contour detail, many marshes, some undergrowth, and lots of oil-company activity including well sites, cutlines, and rides. Wednesday's event is on open grazed prairie, with very few trails, hundreds of small and very similar hills, and a similar number of treed low areas - expect times to be blazingly fast. The final day takes place among the spectacular erosion-formed land features of the Red Deer River Valley, with a mix of open and forested land, and magnificent views to enjoy. The social events will give you a taste of Alberta's history and legendary Western Hospitality and a great chance to mingle with orienteers from all around the world.

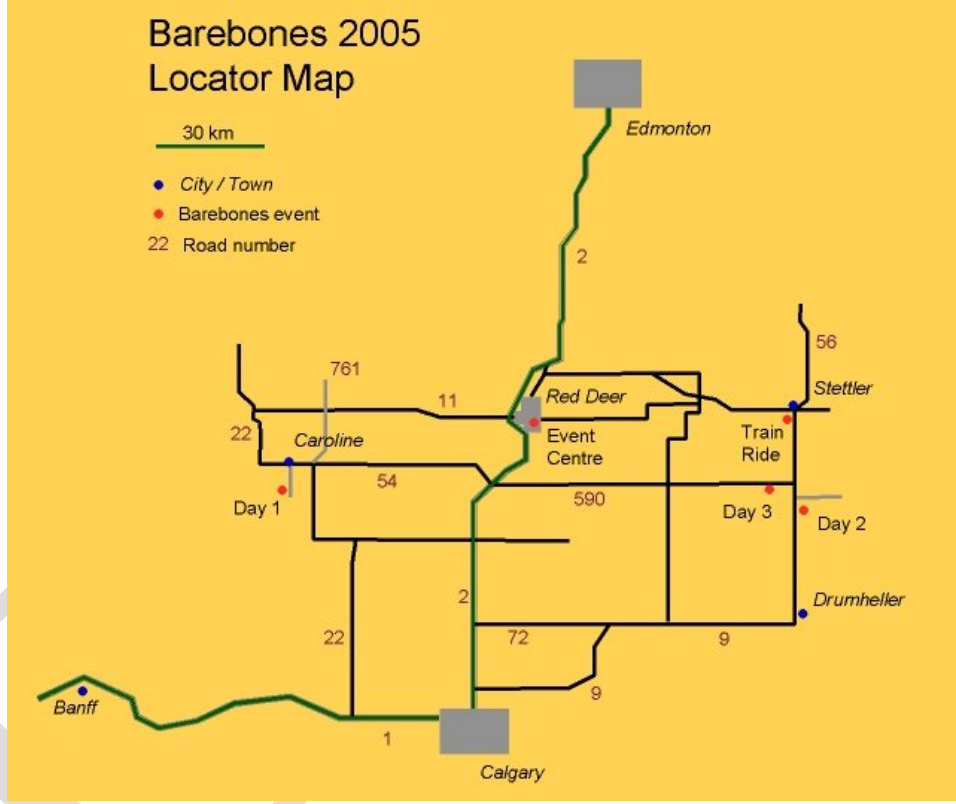
We would like to express our deep appreciation to you for coming all the way to Alberta on your holiday. We hope you will enjoy Barebones-style orienteering, and that you will leave with many fond memories of a holiday well spent.

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MONDAY JULY 18	17:00 - 21:00	WELCOME SOCIAL / SPRINT RACE	RED DEER LODGE..... 5
TUESDAY JULY 19	10:00 – 16:00	BAREBONES DAY 1	BEAVER LAKE 5
WEDNESDAY JULY 20	10:00 – 16:00	BAREBONES DAY 2	SL RANCH 6
WEDNESDAY JULY 20	15:30 – 20:30	STEAM TRAIN RIDE & BUFFET DINNER	CITY OF STETTLER 7
THURSDAY JULY 21	10:00 – 16:00	BAREBONES DAY 3	MCKENZIE CROSSING.. 7
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1. Schedule & Locations

Monday July 18	Event Centre open	17:00 - 21:00
	Welcome reception	17:00 - 21:00 at Event Centre
	BONUS!! Sprint Race	17:00 - 20:00 at Event Centre
Tuesday July 19	Day 1: Beaver Lake	Starts 10:00 – 13:00
	Event Centre open	18:00 - 21:00
Wednesday July 20	Day 2: SL Ranch	Starts 10:00 – 13:00
	Train ride & dinner	16:00 - 21:00
	Event Centre open	18:00 - 21:00
Thursday July 21	Day 3: McKenzie Crossing	Starts 10:00 – 13:00
	Awards	Approx. 15:00



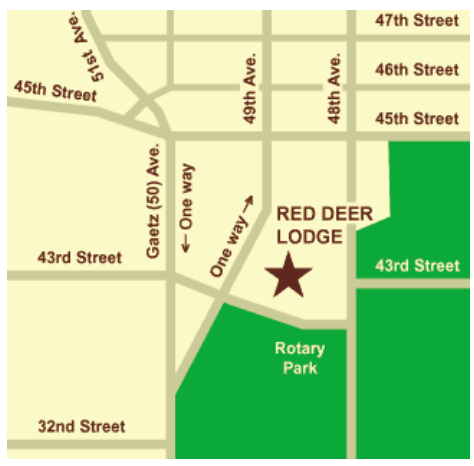
2. Event Centre – Red Deer Lodge

The event centre is at the Red Deer Lodge hotel in the centre of Red Deer. The address is 4311 - 49th Avenue, just east off Gaetz Avenue.

The hotel is offering a limited number of rooms at a special rate for Barebones competitors. Ask for the 'Barebones orienteering' rate.

The hotel has a number of restaurants, bars, and other areas for mingling. There is a highly recommended buffet open for dinner each day. We encourage people to socialize at the Event Centre.

Results will be posted in the Event Centre as soon as possible after 8:00pm each evening. Results will also be posted to the Barebones web site.



3. Information Desk

Information Desk services are: rental SI-card pickup, changes to class and/or start time, lost and found, whistle sales, map sales, and general information. There is no package pickup, so unless you are using a rental SI card you might not have to visit the Information desk.

Date	Location	Open
Mon Jul 18	Event Centre	17:00 – 21:00
Tue Jul 19	Competition Site	9:00 – 16:00
Wed Jul 20	Competition Site	9:00 – 16:00
Thur July 21	Competition Site	9:00 – 16:00

- Class and Start Time changes: must be made one day in advance and will be charged a fee of \$5.
- Map Sales: All Barebones maps have been used for previous competitions. Old versions of these maps will be on display and available for purchase. In addition, an assortment of top quality Alberta maps, useful for training or souvenirs, will be available for purchase. Also, any extra course maps will be available for purchase after each day of competition. You can purchase maps for \$2/each or \$5 for 3 while supplies last..

4. Competition Sites

Each competition site has the following services:

<i>Safety/First Aid</i>	A First Aid Tent is located in the Assembly Area close to the finish.
<i>Toilets</i>	Portable toilets are available in the Assembly Area of all event sites.
<i>Water</i>	* Water will be distributed to all competitors at the finish. * Drinks will be for sale at the concessions. * Limited water is available on most courses (max 250ml per runner at each stop). * Please bring plenty of water, and stay hydrated; drink lots before and after your races.
<i>Concessions</i>	A variety of food and drink is available for cash sale at the Assembly Area (please bring cash). Proceeds are being donated to the Canadian national team program.
<i>Child Minding</i>	There is no organized Child Minding.
<i>Results</i>	* You will receive a print out of your split times at the finish * Preliminary results will be posted near the Finish. * Full results will be displayed at the Event Centre and posted to the web.
<i>Weather / Shade</i>	There is very little shade at the assembly areas - bring hats and sunscreen.
<i>Mosquitoes</i>	We are expecting a bad summer for mosquitoes; bring lots of insect repellent.
<i>Parking</i>	A parking fee of \$2/car will be charged - please have exact change.

5. Technical Information

Disinfecting Shoes

Please respect the wishes of the landowners by ensuring all shoes are cleaned and disinfected before your first race. This can be done in the start area each day. It is only necessary to do this once.

Fence Crossings

There are a considerable number of barbed wire fences in Alberta to control animal movement. *It is important that we do not damage the fences.* Please do not step on the fence wires, as this will loosen the staples holding the wire to the fence posts. If you notice any fence damage please tell us about it at the finish. Recommended fence crossing techniques are:

- crawl under the bottom strand (beware of cacti, roses, and cow pies).
- hold strands apart with your hands and slide between them.

Competition Rules

IOF/COF rules apply. Please note the following rules in particular:

- Competitors must carry a whistle in all races. Whistles may be purchased at the Information Desk.
- Competitors must complete their course within a three-hour time limit. Failure to do so may result in disqualification.
- All competitors must report to the finish, even if they abandon their course.

Competition Maps

- All maps are drawn to IOF standards. All maps are 1:10,000 (exception: M21 on Day 2 is 1:15,000). Legends will not be printed on the map.

- Maps will not be collected at the finish. We trust all participants to follow the principles of Fair Play and not show their maps to people who have not yet started.
- All map areas have been used for previous competitions. Old maps of these areas will be available for viewing and for sale at the Information Desk while quantities last.
- All maps are printed on Teslin paper, which is water proof and tear-resistant. Color may come off the paper if the map is strongly creased; normal folding will not cause a problem. Map bags will not be used.

Control Descriptions

IOF symbols are printed on all maps. Spare copies of the control descriptions are also available in the start chute.

Course Lengths

The following information is subject to change.

Course	Classes	Estimated winning times	Day 1		Day 2		Day 3	
			Tue July 19		Wed July 20		Thu July 21	
			Length	Climb	Length	Climb	Length	Climb
1	M12, W12, Open 1	20 – 25 min	2.1	50	2.0	75	2.0	80
2	M13-14, W13-14, Open 2	20 – 25 min	2.7	80	2.7	85	2.5	65
3	M15-16, M75, M80, W15-16, W65, W70, W75, W80, Open 3	30 – 45 min	2.6	50	3.2	90	2.4	90
4	M70, W60, Open 4	35 – 40 min	3.0	65	4.1	100	3.2	125
5	M65, W17-18, W55	30 – 35 min	3.4	90	5.0	125	4.2	165
6	M60, W19-20, W50	35 – 45 min	3.7	95	5.6	170	4.4	180
7	M17-18, M55, W40, W45	35 – 45 min	5.2	120	6.2	210	5.1	195
8	M19-20, M45, M50, W35	40 – 50 min	5.6	140	7.3	250	6.0	220
9	M35, M40, W21	50 – 60 min	7.1	160	8.4	285	7.5	280
10	M21	60 min	8.6	200	11.2	340	8.7	350

Start Procedure

General Information

- Start times are posted on the web, at the Event Centre, and at the competition site.
- Until July 15th, changes to class or to start time can be made by emailing the organizers. There is no fee.
- After July 15th, changes to class or to start times must be made at least one day in advance at the Information Desk and will be charged a \$5 fee. There will be no changes at the start line.
- You must have the following before you will be allowed to start:
 - Your own SI-Card (or the one we rented to you)
 - Whistle

Three Stage Start

A large clock will show the current call up time. When the start clock shows your start time, cross the line into the first start box. It will be a silent call up.

Stage 1: Check Stage

At this stage you will be checked for: proper SI-card number, cleared SI-card, and whistle.

Stage 1½: Disinfect shoes

On Day 1 only, there will be an extra stage at which everyone will be asked to disinfect their shoes.

Stage 2: Control description stage

Extra control descriptions will be available. Control descriptions are also printed on each map. Competitors are expected to bring control description holders - we are not providing tape or pins.

Stage 3: Maps stage

Move to your map box and wait there for the start of your race. When the buzzer sounds, pick up your map, check that you have the correct map, and **follow the mandatory marked route to the start triangle**. The start triangle will be marked in the terrain at the end of the marked route by a control flag with no punching device.

Electronic Punching

We will use Sport Ident units for timing. If you need instruction on their use please ask at the Information Desk.

In the unlikely event that a Sport Ident unit should fail to "beep" we do not have backup manual punches. If you encounter a failed unit you should continue your course and report the failure to finish officials. We will replace the malfunctioning unit as soon as possible and re-instate all competitors that passed the control while it was not functioning.

Problems/Protests

Competitors with problems (including potential protests) should report to the event controller.

Clothing

- It is strongly recommended that you wear full leg covering.
- Dobb spikes are permitted (rubber studs with small protruding metal spike).

Helping out / control pickup

Please report to the Information Desk if you would like to help with control pickup, site cleanup or other tasks.

3-Day Awards

In each class awards will be given based on the 3-day total time.

6. Schedule of Events

July 19 – 20	Westerner Days Fair & Exposition	Red Deer
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The City of Red Deer will hold its annual Westerner Days Fair coinciding with Barebones. You will be able to take part in Western-style pancake breakfasts each day of Barebones, watch the parade Wednesday morning (if you have a late start time), and enjoy many other activities in the city. Details will be available at various locations in Red Deer.

Monday July 18	17:00 - 21:00	Welcome Social / Sprint Race	Red Deer Lodge
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We invite all participants to mingle in The Courtyard at the Event Centre between 17:00 and 21:00. It will be a good chance to relax and socialize, to meet your fellow-competitors, make new friends, and discuss the latest hot topics in orienteering. Buffet dinner and drinks will be available at a reasonable cost.

The Canadian National Team is putting on a **bonus race** for Barebones participants. It is a Sprint Race in Rotary Park, right next to the Event Centre. It will be a hugely fun race with fast and furious orienteering - expected winning times are under 10 minutes. Bring your SI Card - electronic timing will be used. Starts are between 17:00 and 20:00. Entry is by donation - suggested minimum donation of \$10. Canadian tax payers donating over \$20 will receive a receipt for tax purposes. This is a great chance to stretch your legs, have a laugh, and check out your competitors, all while supporting Canada's national team program.

Tuesday July 19	10:00 – 16:00	Barebones Day 1	Beaver Lake
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Map

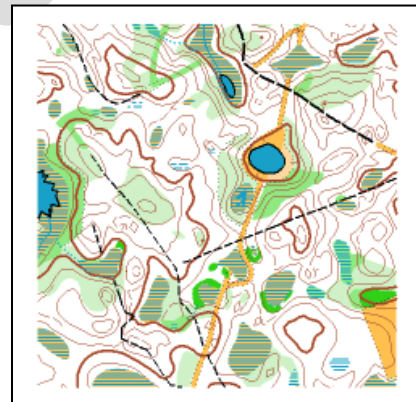
Scale: 1:10,000; 2.5 m contours
Fieldwork: Bryan Chubb, Plamen Denev Pentchev 2001;
Kitty Jones, 2002; Don Riddle 2004-2005

Site

Parking to Assembly Area: max 500 m
Assembly Area to Start: 100 m
Assembly Area to Finish: 0 m

Safety

Safety Bearing: West to road.
Course Closing: 4:00pm. Maximum time allowed: 3 hours.
Cell phone coverage: Yes



This event takes place in an area heavily used by the oil and gas industry. It should go without saying, but please stay away from all oil field equipment including pumps, buildings, and the compressor station. **In the unlikely event of an oil-field emergency: listen to announcements over the Public Address system and follow directions and unless told otherwise keep all vehicles off roads to allow emergency vehicles to access the site.**

Course Planner Notes

The mostly deciduous forest at Beaver Lake is fairly runnable, although with the very wet June that we have experienced, the vegetation is much thicker than usual and is hiding some of the deadfall. At the end of June the ground was uncharacteristically wet. Cattle will have been grazing on the area for about a month; we expect that they will be

gone by the event. There are many small marshes and numerous cutlines. Trails are variable and change from year to year, courtesy of cattle, deer, elk and moose. All of the clearings were cleared some time ago and are fairly runnable. The mosquito population will have probably exploded by July, so come prepared!

Travel Directions

Location: 10km south of Caroline

Distance from Event Centre is approximately 90km. Allow 65 minutes.

One possible route: take Highway 11 west from Red Deer, turn south on Highway 761, then west again on Highway 54.

From the centre of Caroline follow orienteering signs, turning south on Range Road 61 for about 10km.

It is absolutely essential for safety reasons to park only in designated parking areas.

Wednesday July 20 10:00 – 16:00

Barebones Day 2

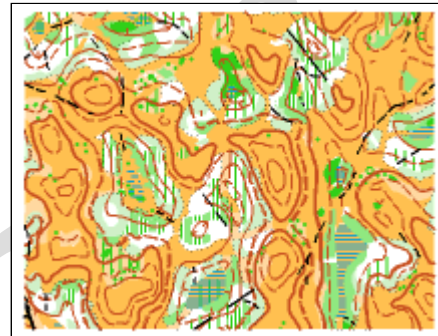
SL Ranch

Map

Landowners: The Stewart Family

Scale: 1:10,000 (1:15,000 for M21); 5 m contours

Fieldwork: Bryan Chubb, James Baker, Don Bayly, 2002



Site

Parking to Assembly Area: 500 m

Assembly Area to Start: 500 m

Assembly Area to Finish: 0 m

Safety

Safety Bearing: South to farm track.

Course Closing: 4:00pm. Maximum time allowed: 3 hours.

Cell phone coverage: Yes

Course Planner Notes

The map is located on one of the largest remaining tracts of natural prairie grassland in Alberta. Once roamed freely by buffalo the area is a combination of rolling hills, open grasslands, and small marshes surrounded by thick brush. Fast!

The section of land where we will have the parking, start, and finish is privately owned. The rest of the area is provincial crown land leased for grazing. Some parts are designated as a Natural Area, and some as an Ecological Reserve. Receiving permission to hold the event here is a privilege. So let's be good guests! Obviously that means no littering, and no activities that could start a fire. Please leave gates as you found them, and cross fences only by rolling under the bottom wire, or going between the wires, and never by stepping on the wire to climb over.

We expect most of the ranch cattle to be away from the map area in July, but should you encounter cattle, endeavour not to startle them, give them plenty of space and they will most likely move away to a quieter area. Other large animals that live here include deer, elk and moose. The mapper found many **bee nests** when he was mapping. Some are in trees or bushes, others are on the ground. The cool weather in early 2005 might result in a lower bee population.

Much of the area is shown as open land where the grass is short and the running is fast. Areas shown as rough open typically have ankle or knee high shrubs. The vertical green lines for "good visibility / poor running" usually mean rose bushes, fallen trees or both. Marshes are generally not very wet. Some low places that are mapped as open or rough open were formerly marshes, and could turn marshy again if we get heavy rain just before the event.

There are cattle trails that are not marked on the map, and conversely, some small trails that were distinct when the mapping was done are not so heavily travelled now. There has been some recent clearing of small patches of forest. The cleared trees and bushes have either been piled up in a long row - which we have mapped with a dark green line - or piled into a large mound - which we have mapped with a green X (some of these wood piles might not be marked on the map). Other clearing activity has occurred in places where the map shows a short (5-15 metre long) trail through trees to a marsh/clearing area. A number of these areas have been opened up so that there is now a 5 metre wide open area where the trail used to be. Some of these open areas are not shown on the map.

A special reminder to young course 2 participants, be sure to keep your map oriented at all times!

And a reminder for course 10 participants that you are using a 1:15,000 map.

Advice from Matthew Nipen: "The biggest mistake I made on this map in 2002 was not running faster."

Travel Directions

Location: 10km south of intersection of Highways 56 and 590.

Distance from Event Centre is approximately 110km. Allow 80 minutes.

One possible route: travel east on Highway 590; turn south onto Highway 56; after about 10km turn east at the "Orienteering" sign onto Twp Road 34-4 and drive for 4 km (on a dirt road) to the event site.

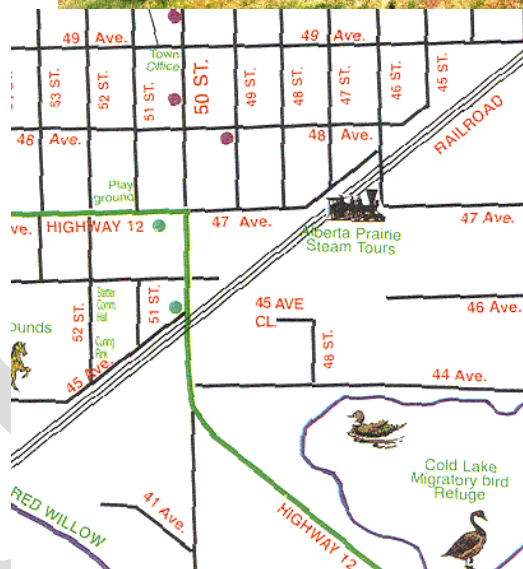
Wednesday July 20 15:30 – 20:30 Steam train ride & buffet dinner City of Stettler

We have chartered Alberta Prairie Railways' steam locomotive for a late afternoon / evening journey from Stettler to Big Valley and return. The excursion includes entertainment and a buffet dinner in Big Valley including roast hip of beef, vegetables, salads, baked potatoes, dinner rolls, dessert and beverages.



If you are going on the train make sure to arrange for an early start time for your race to allow sufficient time to get to the train station. Showers are available at public swimming pools in Stettler for a small charge.

Those who have pre-purchased tickets can pick them up from Barebones organizers at the train station in Stettler. There will be limited tickets available for purchase at the train station at the box office (Adults \$75, Youth \$55, Children \$32, plus GST).



Alberta Prairie's station is located at 4611- 47 Avenue in Stettler, which is in the southeast part of town. Enter town from the south on Highway 56, turn east onto Highway 12 and then head for the only yellow-colored grain elevator and you will end up right at the station. Allow approximately 30 minutes from the competition site.

Thursday July 21 10:00 – 16:00 Barebones Day 3 McKenzie Crossing

Map

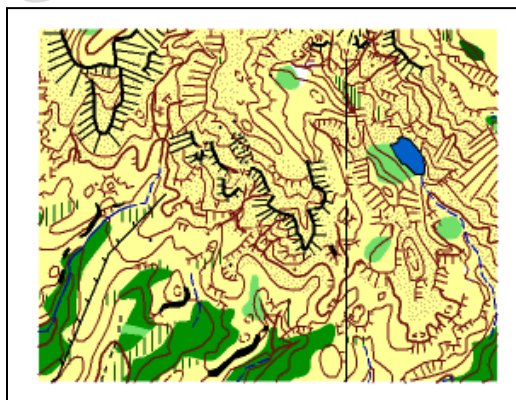
Landowners: Caroline Glass & Family
Scale: 1:10,000; 5 m contours
Fieldwork: Peter MacKenzie, Lyman Jones 1995; updated 2000.

Site

Parking to Assembly Area: 150 m
Assembly Area to Start: 100 m
Assembly Area to Finish: 0 m

Safety

Safety Bearing: West to road.
Course Closing: 4:00pm. Maximum time allowed: 3 hours.
Cell phone coverage: No



Erosion 'tunnels' - water has under-cut the ground in some areas (especially in re-entrants) leaving a thin layer of dirt covering a hole. These have the potential to be dangerous if a competitor was to step on one and fall through. We have attempted to place controls away from these dangers and to flag with blue and yellow tape any that are close to controls or that we noticed on likely routes. But please keep an eye out for them and be especially careful when climbing or descending narrow re-entrants. Also, be aware that hill sides can be very slippery, especially when wet; and that stream beds can be extremely deep and require care when crossing them.

Course planner notes

The McKenzie Crossing area is on the East side of the Red Deer River Valley. The lower part of the area consists of an area of complex contour features including some hoodoos, with some deep gullies cutting across the slope. Running speeds are generally a bit slower in this part of the map. The upper part is more open grassland, with more subtle contour detail. We have tried to plan the course such that everybody gets to experience some of the most interesting parts of the terrain; but this comes at a price. When you see the terrain you'll understand that there is lots of climb today, on the upper limits of pleasant in fact - we've slightly shortened the courses to compensate and hope that you will finish your courses still hungry for more.

There are a number of natural hazards in the area that competitors should watch out for. There are small holes throughout the map. We will be flagging as many of these as we can find, but please be careful where you are stepping. You will find cactus growing through the area. If you pick up part of one, typically on you calf, knock it off using your map or compass, don't try and remove it by hand. There are a number of steep slopes that some of the courses cross. If it is wet, these may become slippery, please take care when planning your route. This area can get extremely hot, please remember to drink plenty of liquids and not to waste the water placed out on the course.

There may be some cattle present, if you meet any, give them a wide berth and they will probably just ignore you. If you accidentally damage a fence, please let us know so that it can be repaired. Wildlife seen in the area consists of deer, pelicans and some vultures, none of these should be a threat to competitors.

Travel Directions

Location: 10km west of intersection of Highways 590 and 56.

Distance from Event Centre is approximately 90km. Allow 65 minutes.

One possible route: travel east on Highway 590. Turn right into the parking area immediately after crossing the Red Deer River.

Thursday July 21 15:00 Awards Ceremony McKenzie Crossing

The Barebones 3-Day awards ceremony will take place at the competition site following the final race. We will hold the ceremony as early as possible after 15:00. Barebones medals will be presented in all classes (except Open classes) to the top three finishers. All competitors are eligible for these awards.

Awards Ceremony Procedure

Competitors are expected to know themselves if they have won an award or medal and to be in the holding area when their class awards are presented. The awards ceremony will take part in three groups.

Group 1	M/W 12, M/W 13-14, M/W 15-16, M/W 17-18, M/W 19-20
Group 2	M/W 85, M/W 80, M/W 75, M/W 70, M/W 65, M/W 60
Group 3	M/W 55, M/W 50, M/W 45, M/W 40, M/W 35, M/W 21

Men's & Women's age categories will be called up together, women first. If you are an award winner, when your group is announced move to the holding area at the side of the stage. When your class is announced move onto the stage and stand in the order of overall finish.

The Awards Chief (Jean MacNaughton) will hold unclaimed awards until the end of WMOC 2005. Friends of winners can collect the awards. Awards will not be mailed out. After the end of WMOC 2005 unclaimed awards will be disposed of.

7. Barebones 2005 Safety

Please read the following very important safety information:

Orienteers recognize that orienteering is an activity that carries a risk of personal injury due to natural and man-made hazards and environmental conditions. Please read this section thoroughly to understand the risks specific to Alberta and the steps that we expect all competitors to take to make Barebones 2005 a safe event.

Emergency and Safety services

Competition Site Services

- There are volunteer first aid providers near the finish line at all events.
- There are some medical doctors available for emergencies.
- Non-residents of Canada must sign a 'consent to be treated' form before any treatments are instituted.
- The Barebones Safety Chief will be in charge of all search procedures.

Emergency Services

- The Emergency telephone number for all Barebones sites is: **911**. They will coordinate all services including ambulance, police (RCMP), or forest fire response.

Closest Medical Services to Barebones Sites

- Event Centre: Red Deer Hospital, 3842 - 50A Ave. (Phone 403.343.4459)
- Day 1 Beaver Lake: Sundre Hospital, 709 - 1st St NE (Phone 403.638.3033) @ 35km
- Day 2 SL Ranch &
Day 3 McKenzie Crossing: Stettler Health Centre, 5912 - 47th (Phone 403.742.7400) @ 45km

Safety responsibilities of the Competitors

- **Competitors must report to the finish even if they don't complete their course.** Otherwise, it is likely that an extensive search will take place.
- **Competitors must complete their course within a 3 hour time limit.** For safety reasons failure to return within the maximum time may result in an extensive search taking place and also in disqualification of the competitor.
- **Competitors must carry a whistle in all events.** This is a rule of the Canadian Federation and is required for insurance purposes. Whistles may be purchased at the Registration/Information Desk. Cost is \$1. Competitors will not be allowed to start without a whistle.
- **Competitors must use their own SI-Card.** For safety reasons, competitors will not be allowed to start with someone else's SI-Card.
- **Stay hydrated.** Bring water to the events and be sure to drink lots, both before and after competing. Limited water will be available at the finish and on the longer courses.
- **Do not waste water.** At the water controls there will be limited amounts of water - about 250ml per person. Please realize that in severe heat this water will be precious. **DO NOT POUR WATER ON YOUR HEAD** - we do not have enough water to provide such shower facilities.

Plants, Animals, Insects, and Weather

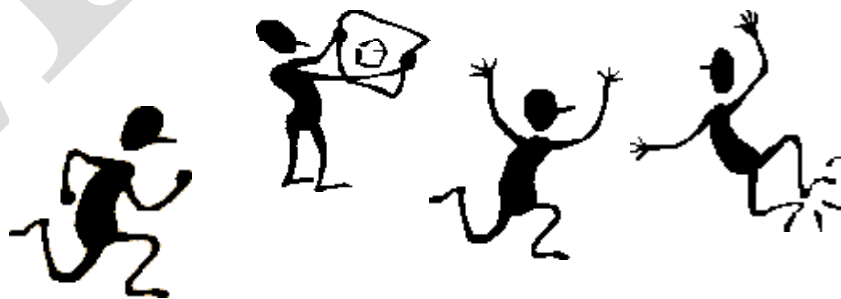
- There are some small cacti on some of the open terrain. They may get stuck in your shoes or in the back of your legs. There are quite a lot of rose bushes in places. There is no Poison Ivy.
- There are some animals in our forests that can be dangerous. However it is very unlikely that you will encounter any as they are quite scared of humans. If you encounter a large animal such as a black bear, moose, or elk in most cases the animal will run off. If it does not run away, back away slowly, speak calmly to the animal, and skirt around leaving at least 100m between you and the animal. Make sure to stay away from any young animals as the mother will aggressively defend them. Realize however that animal behaviour is unpredictable and circumstances may demand different actions.
- There are bees, especially on Day 2. If you are allergic, please carry appropriate medication with you.
- There are ticks. We recommend you spray your pant legs and socks with insect repellent to deter them, and after each race check your whole body for the small insects (including armpits, scalp, and groin). Note that Barebones does not provide any competitor tick checker services.
- This year there are likely to be many mosquitoes because of wet spring weather. Recently in Western Canada there have been cases of West Nile disease spread by mosquitoes and though it is rare to have severe illness, it is wise to take simple steps to reduce the risk. The Alberta government recommends using a mosquito repellent containing DEET or other approved ingredients on exposed skin; apply it to clothing as well, because mosquitoes may bite through fabric.
- July is generally pleasantly warm in Alberta with occasional rain showers and thunderstorms. However there is the potential for very high temperatures. You must drink lots of water to protect from dehydration in the heat. Average daytime high temperature is 23°C and average low is 11°C. The elevation at Red Deer is about 900m. Make sure you come to all events with your own filled water bottles.
- The UV index can be high in Alberta in the summer. Consider applying a sunscreen (minimum SPF 15) to exposed skin. It is recommended to wear long sleeves and hats to keep the sun off your skin.

8. Volunteers and Officials

Meet Director	Adrian Zissos
Registration	Alice Berard
Awards and Gifts, Event Centre.....	Jean MacNaughton
Timing and Results.....	Richard Obreiter
Safety.....	Christin Lundgren, Gabrielle Savard, Don Riddle
Site & Equipment	Lennart Lundgren, Nancy Craig, Doug Craig, Janet Astle
Concessions.....	Jean MacNaughton, Christin Lundgren
Start Chief.....	Laura Querengesser, Barry McCashin
Course Planners Day 1, Beaver Lake	Marion Owen, Don Riddle
Course Planners Day 2, SL Ranch	Charlotte MacNaughton, Miles Tindal
Course Planners Day 3, Mackenzie Crossing.....	Jonathan Winn, Adrian Zissos
Controller.....	Ted de St Croix (Vancouver)
Sprint Race Organizer	Louise Oram

And thanks to the following:

- Andree Powers, Geraint Edmunds and the many other people working on the WMOC 2005 who provided us with invaluable cooperation, support, equipment, advice, and help of every kind imaginable.
- The Canadian Ski Patrol for providing First Aid.
- Many participants for their assistance in putting on Barebones, including:
 - Donna Fluegel, editor of *Orienteering North America*, for stepping up in true Barebones spirit to organize group camping (from 1000 miles away) at the last minute when heavy rains flooded out the spot the organizers had arranged.
 - All the tour organizers that promoted Barebones and encouraged their clients to be part of this event.
 - Many competitors who have already offered their assistance in control pickup, helping with the start, carrying heavy things from one place to another, and many other jobs.
- We wish to express our boundless appreciation on behalf of all the competitors and organizers of Barebones to the landowners and lease-holders for allowing us access to these very special areas:
 - Beaver Lake: The Alberta Government, the Burnstick Lake Grazing Association, Shell.
 - SL Ranch: Kevin & Delaine Stewart, the Alberta Government.
 - McKenzie Crossing: Caroline Glass and family
- And a big *THANK YOU* to all competitors for taking part in the spirit of friendship and sportsmanship. We wish you the very best success at the World Masters Games. Happy trails! And thanks for coming to Barebones.



What is Barebones?

Orienteering events are very complicated to organize. Barebones began ten years ago as an experiment to simplify the organization of events while providing top quality orienteering and maximum fun for everyone (including, notably, the organizers). We believe the main ingredients of a great event are: fabulous courses, top notch socializing, and the complete absence of whining and complaining. Normally we emphasise this last point by charging a fee with registration that is to be paid by anyone that intends to complain during the event (in a fit of madness we waived the fee this year). The enormous size of this year's entry list meant that we couldn't provide truly minimalist organization, but we hope that you enjoy the Barebones flavour of this event and provide you the following challenge for the next time that you organize an event of your own: what is the least amount of work you can do to provide an excellent orienteering event?

Should you have comments about any aspect of Barebones please email them to adrian@barebones.ca.